NWT OHT Newsletter

November 2026

NORTH WESTERN TORONTO
Ontario Health Team

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NWT OHT Updates

OHSQIA Finalist - Community Paramedic Post-Fall Pathway

We are proud to share that the Community Paramedic Post-Fall Pathway, **a collaborative initiative of the North Western Toronto Ontario Health Team and GTA Rehab Network**, has been selected as a ***finalist*** for the Ontario Health System Quality and Innovation Awards (OHSQIA)!

This recognition reflects the dedication, innovation, and strong partnerships that have helped advance integrated care for older adults across our community.

We are grateful to all partners involved in this work and look forward to celebrating alongside healthcare teams from across Ontario at the awards ceremony.



Client, Caregiver & Community Member Recruitment Call-Out

Would you like an opportunity to shape the future of health and social care services in North West Toronto?

Join the NWT OHT CCC Forum! We are welcoming Clients, Caregivers, and Community (CCC) members who want to share their voices and make a difference. There are many ways to engage and provide your insights; through surveys, focus groups and participation in working groups. Your role will be crucial in ensuring that the perspectives of clients, caregivers and community members are integrated into the work of the NWT OHT.

If you **live or receive care** in North West Toronto, this opportunity is for you!

If this sounds like something you'd like to be part of, please complete the onboarding form on our website.

Click here to visit the CCC page on our website and learn more

Community Updates

Ya Estoy Aquí + Soli*City (TMU): ROUTES TO CARE

We're excited to share ROUTES TO CARE, a resource from Ya Estoy Aquí Healthcare Collective and Soli*City (TMU) for pregnant people navigating care in Toronto and the GTA with precarious or no immigration status, including people without OHIP.



ROUTES TO CARE brings together pregnancy care guidance with a broader directory of over 180 healthcare and community organizations across Toronto and the GTA. It includes service information, practical tips, and guidance for contacting organizations and navigating care, with particular attention to people without OHIP or with precarious immigration status. It's available as a multilingual website and an illustrated print guide and map.

Click here to learn more and explore the resource

TPH Training Program - Fall Prevention in Older Adults



Toronto Public Health recently revamped and launched Step Ahead to Fall Prevention in Older Adults – City of Toronto, an online free learning program and an enhanced learning experience for service providers, caregivers, and others who support older adults to reduce the risk of falls among older adults.

This self-paced training is organized into five sections, offering flexibility for independent learning. While each section can be completed separately, learners are encouraged to follow the sections in sequence for the best learning experience. Closed captioning is available across the training. The full training takes approximately 80 minutes to complete, and a certificate is awarded upon successful completion.

- Section 1 - Falls & Older Adults
- Section 2 - Effects of Aging on Falls Risk
- Section 3 - Fall Risk Factors
- Section 4 - Modifiable Risk Factors
- Section 5 - Core Concepts & Applications

Click here to learn more and access the training

NWT OHT Partner Programs & Events

Canadian Dental Care Plan (CDCP) Information Session for Service Providers

Service Canada, in collaboration with the North Western Toronto Ontario Health Team (NWT OHT), is hosting an information session on the Canadian Dental Care Plan (CDCP) program. Learn how to support eligible individuals in accessing affordable dental care.

Monday, November 23

12:00 – 1:00 PM

Click here to register





Have Your Say: Help Shape Humber River Health's Strategic Plan

One of our NWT OHT partners, Humber River Health, is developing its next Strategic Plan and wants to hear from the community. Whether you are a patient, caregiver, community member, or partner organization, your feedback is valuable.

The survey takes only a few minutes to complete and will help inform priorities that guide Humber River Health's future direction. Responses are collected anonymously by Deloitte to ensure confidentiality.

We encourage all NWT OHT partner organizations, staff members, patients, caregivers, and community members to share their perspectives and share the opportunity among your network.

Survey is open for feedback until November 18, 2026.

Click the link here to access the survey or scan the QR code on the flyer.

*You've received this email because you have collaborated with the NWT OHT in the past. If you would like to be removed from the distribution list, please contact Claudia Strembicky, Project Coordinator, at **CStrembicky@hrh.ca**.*