

In this Newsletter Issue:

- Stay Connected: Join the NWT PCN WhatsApp Group
- New Colon Cancer Screening Fact Sheet
- October is Breast Cancer Awareness Month
- eReferral - Find what you need on the Ocean Healthmap
- Fall/Winter Readiness: What Primary Care Teams Need to Know

Stay Connected: Join the NWT PCN WhatsApp Group

stay connected on updates, opportunities, and collaborative initiatives across North Western Toronto!



WhatsApp group to support timely communication, knowledge sharing, and connection among PCN members.

TEEN members are invited to join the group. Participation is completely voluntary, and you can leave the group at any time.

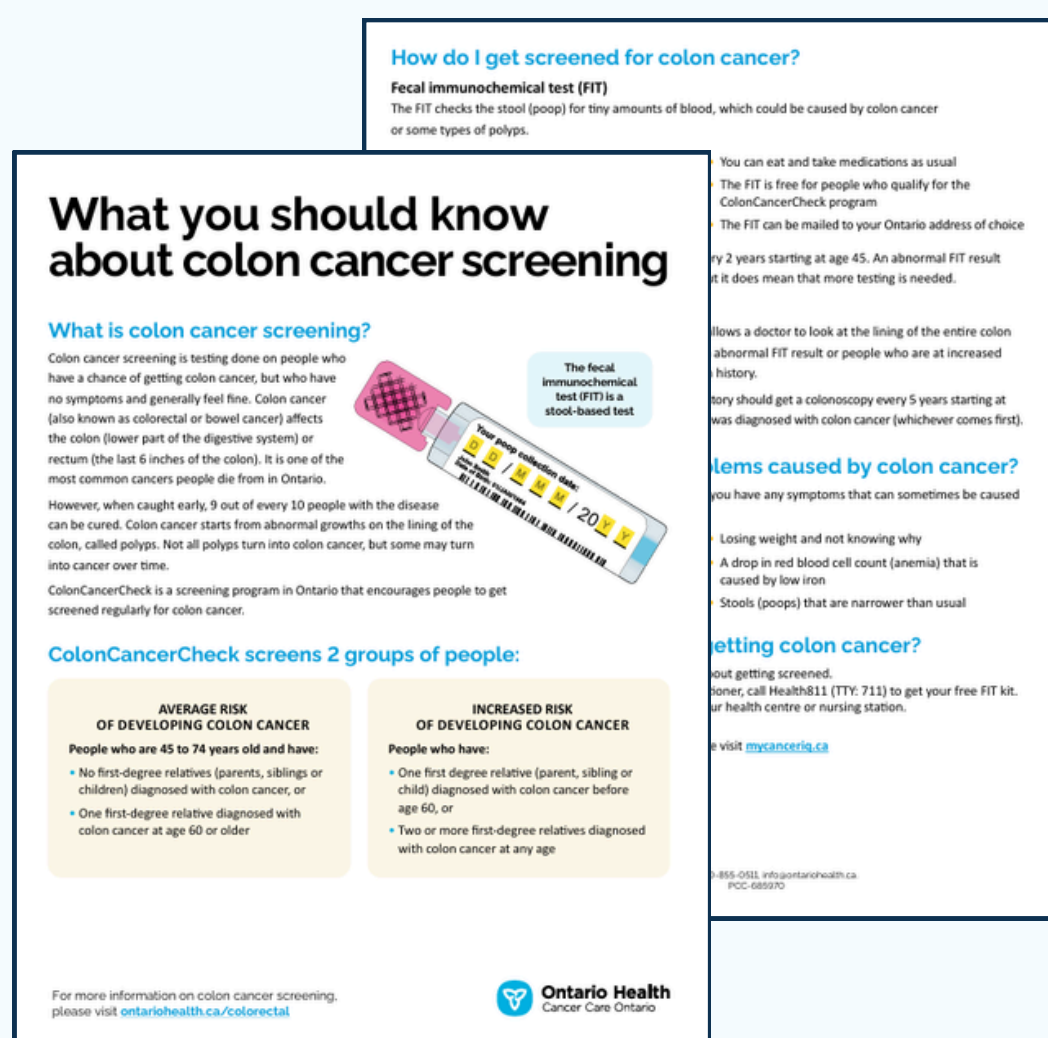
Interested in joining? [Fill out the PCN WhatsApp Group sign up form here.](#)

New Colon Cancer Screening Fact Sheet Updated

Ontario Health (Cancer Care Ontario) has recently updated the public-facing colon cancer screening fact sheet to align with the ColonCancerCheck program changes that were launched in July 2026.

The revised fact sheet is available in 41 languages and can be downloaded from the [ColonCancerCheck Resource Hub](#) (refer to the "Public-Facing Resources" section).

**Click here to access the
ColonCancerCheck Resource Hub**



October is Breast Cancer Awareness Month



October is Breast Cancer Awareness Month

This month, learn more about breast cancer screening and take steps to protect your health.

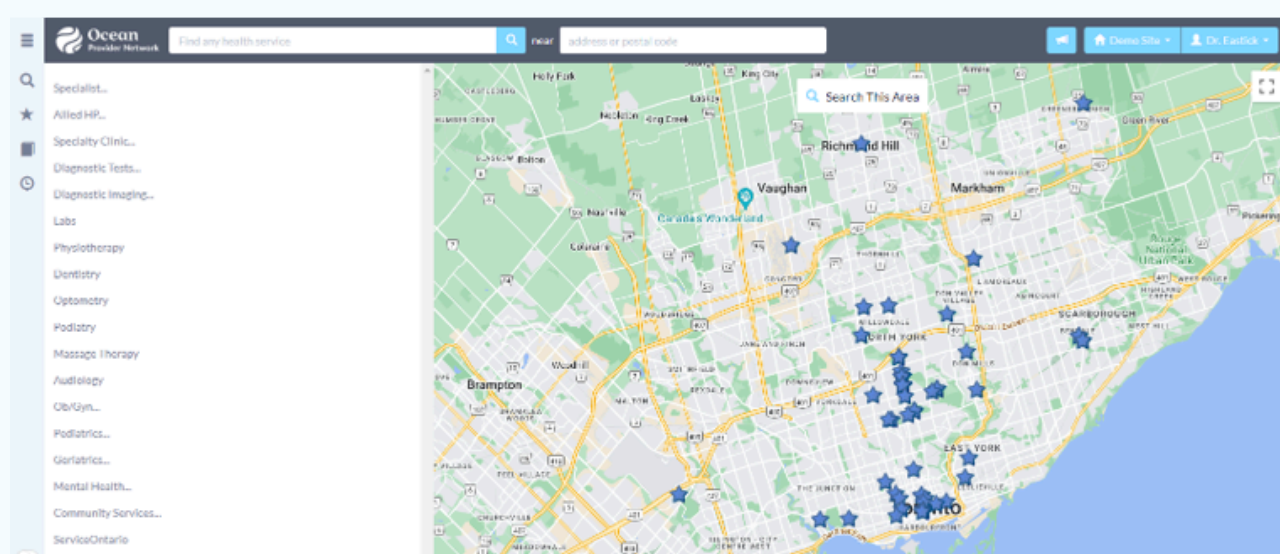


- ♥ **Women, Two-Spirit people, trans people and nonbinary people ages 40 to 74** may qualify for breast cancer screening through the Ontario Breast Screening Program (OBSP). Mammograms can help find breast cancer early, when treatment has a better chance of working. **For those who qualify, mammograms are free and can be booked without a referral from a family doctor or nurse practitioner.**
- ♥ **For people ages 40 to 49**, Ontario Health encourages you to make an informed decision about whether screening is right for you. You can speak with your family doctor, nurse practitioner or Health811 for support.
- ♥ You can also visit **My CancerIQ** to learn about your personal breast cancer risk and practical ways to help reduce it.

Click here to learn more about breast cancer screening, eligibility and how to book a mammogram

eReferral - Find what you need on the Ocean Healthmap

The provincial [eReferral](#) network continues to grow, with new destinations going live on Ocean every day. Use these helpful tips to find directory listings more easily:



Search the area shown

Results reflect the map area currently visible. With EMR integration, results are sorted by distance from the patient's home address. After moving or zooming the map, select **Search this area** to refresh the results.



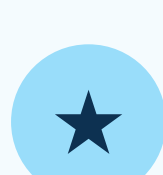
Zoom in for complete results

The Healthmap displays up to 100 referral destinations. If the map covers a large area, some destinations may not appear. Zoom in to a practical travel distance for the patient.



Keep search terms short

The search bar looks for the full phrase rather than each word as a separate keyword. Instead of searching “**cardiology Downsview**,” search “**cardiology**” and use the map to focus on the Downsview area.



Save destinations for next time

Open a destination listing and select **Add to Favourites**. Save it to your personal favourites or, if available, your site's shared favourites. You must be signed in to add or manage favourites.

For more information on all receiving sites currently available, please visit the [Ocean Healthmap](#).

Not sure who to ask your eReferral questions to? We're here to help!

Not sure who to ask your referral questions to? We're here to help!

The Toronto Region is streamlining how primary care providers can access and adopt over 15 provincially funded digital health tools (including eConsult, eReferral, HRM, and more) with the aim of reducing paper and fax-based workflows.

Visit www.digitalhealthdesk.ca to get started.

Fall/Winter Readiness: What Primary Care Teams Need to Know

Ontario Health has released its **Fall/Winter 2026-27 Readiness and Response Operational Direction**, with a focus on preparing for seasonal pressures and maintaining access to care in primary care



Priorities for primary care include:

- Promoting influenza, COVID-19 and RSV immunization
- Increasing primary care attachment through Health Care Connect
- Participating in local surge planning through Ontario Health Teams (OHTs) and Primary Care Networks (PCNs)
- Expanding access through interprofessional team-based care and after-hours services

[Click here to read more on the Operational Direction: Fall/Winter 2026/27 Readiness and Response](#)

If you would like to be removed from the distribution list, please contact Claudia Strembecky, Project Coordinator, at CStrembecky@hrh.ca