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Primary Care: Call to Action

Looking for a Family Doctor or Nurse Practitioner?

The recently launched *Primary Care Central Intake Form* makes it easier to connect with a family doctor, nurse practitioner, and other community supports in North Western Toronto. Simply complete the online form on our website. A care navigator will review your needs and help connect you to available services. The program is open to eligible residents with or without OHIP coverage. Check out the promotional flyer for more details.

[Click here for more information and to access the intake form](#)

Looking for a Family Doctor? We can help!

The NEW Primary Care Central Intake Form helps you connect to primary care (family doctors, nurse practitioners) and community supports in North Western Toronto.



How does it work?

- 1. Tell Us About Your Needs**
Complete the [online intake form](#) to tell us about your health needs and the supports you may be looking for.
- 2. We Find the Right Supports**
A care navigator will review your information to help you find primary care and other helpful services in your community.
- 3. Get Connected to Care**
When a primary care match is found, you will get a letter with information on how to book your first appointment. For other supports, someone may call you to help link you to the right services.

Who can sign up?
Anyone looking for a family doctor or NP in North Western Toronto - with or without OHIP.
North Western Toronto postal codes start with: **M3J, M3K, M3L, M3M, M3N, M6A, M6B, M6L, M6M, M9L, M9M, M9N, M9P, or M9R.**
Scan to get started:
[Link to Primary Care Central Intake Form](#)



Why have a regular family doctor or nurse practitioner (NP)?

- Continuity of Care** - Your family doctor/NP knows your full medical history and can track your health over time to provide personalized care.
- Preventive Care** - Regular checkups and screenings help keep you healthy.
- Health Records in one place** - All your health information is stored in one place.
- Referrals to Specialists** - Easy access to referrals.
- Trusted Relationship** - Build a connection with someone who can help you and your health.

NORTH WESTERN TORONTO
Ontario Health Team

In collaboration with: 

Join the North Western Toronto Primary Care Network (NWT PCN)!

Connect with fellow primary care providers, help shape local healthcare priorities, access digital health supports, stay informed with timely updates, and explore networking and leadership opportunities.

Membership is open to primary care physicians and nurse practitioners working in North Western Toronto.



[Click here for more information and to get started](#)

NWT OHT Project Updates



Meet Jaskaran, the NWT OHT's Community Connector

Jaskaran Gill is a community engagement and outreach professional with close to 10 years of experience in client engagement and partnership development. She is passionate about connecting people in underserved communities to programs and services within the social services sector.

In partnership with Reconnect Health Services, the NWT OHT Community Connector works with residents to navigate health and social services, connect to primary care, stay up to date on cancer screening, and access programs and supports that promote overall health and well-being. We welcome opportunities to introduce this role to community members through outreach events and community partnerships.

Share your organization's upcoming events!



Have an upcoming community event? Send us the details and we'll help promote it through our networks.



Looking for the OHT to attend or table at your upcoming event? Let us know about opportunities where our teams can connect with residents to share information about local health and community services.



Questions? Please contact Tiffany at TBudhoo@hrh.ca.

NWT OHT Partner Programs and Events



COSTI launches Social Enterprise Kitchen at Peel Reception Center

COSTI's Peel Reception Centre (PRC) officially opened its on-site Social Enterprise Kitchen last month. The kitchen provides refugee claimants and newcomers with hands-on culinary and hospitality training, real-world workplace experience, professional references and a direct pathway to their first Canadian job. Since launching its social enterprise initiatives, PRC has already helped 20 clients secure employment. This initiative is made possible with the help of the Region of Peel, community partners, vendors and dedicated COSTI staff.

[View photos from the event here](#)



COSTI invites York Region childcare centres as ECE placement partners



COSTI's Pathways to Early Childhood Education (ECE) Program is inviting childcare centres in the York Region to host participants for a placement partnership — a valuable opportunity to bring motivated, job-ready talent into their classrooms at no cost. These participants come prepared with foundational ECE knowledge and certifications. The program provides participants with a stipend during their placement.

Childcare centres interested in this partnership can contact **Mary Marcello** (Phone: 289-843-3213 or email: Mary.Marcello@costi.org).