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Primary Care Updates

The NWT OHT cleared our Health Care Connect waitlist!

The North Western Toronto OHT has received formal recognition from Ontario's Deputy Premier and Minister of Health, Sylvia Jones for successfully clearing its January 2025 Health Care Connect waitlist.

This accomplishment reflects strong collaboration across primary care teams, connecting more people to timely care across North Western Toronto, and contributes to the province's broader goal of ensuring every Ontarian has access primary care by 2029.

Thank you to all providers and partners who made this possible!

Ministry of Health
Office of the Deputy Premier and Minister of Health
777 Bay Street, 9th Floor
Toronto, ON M7A 1N3
www.ontario.ca/health

Ministère de la Santé
Bureau du vice-premier ministre et ministre de la Santé
777, rue Bay, 9^e étage
Toronto, ON M7A 1N3
www.ontario.ca/sante



June 4, 2026

Sally Moy
Interim Director
North Western Toronto OHT
smoy@nht.ca

Ryan Banach
PCN Lead
North Western Toronto OHT
rbanach@nht.ca

Dear North Western Toronto OHT:

On behalf of Premier Ford and the Ontario government, I want to extend my heartfelt congratulations to your entire team for the remarkable achievement of clearing your January 1, 2025 Health Care Connect waitlist.

Your dedication, collaboration, and innovation in contributing to Ontario's broader goal of connecting every person in the province to timely, comprehensive, and coordinated primary care by 2029.

This milestone exemplifies the impact that Ontario Health Teams and their Primary Care Networks can have when working in partnership with local providers, communities, and patients. Connecting those on your local Health Care Connect waitlist to primary care helps ensure that more Ontarians can receive the care they need, when they need it.

Thank you for your leadership and for improving access to primary care for residents across Toronto, Vaughan, Brampton and Mississauga. Please extend my gratitude to the family doctors, nurse practitioners and primary care teams that are connecting people from Health Care Connect.

I look forward to seeing your continued contributions as we build a convenient health-care system for all.

Warm regards,

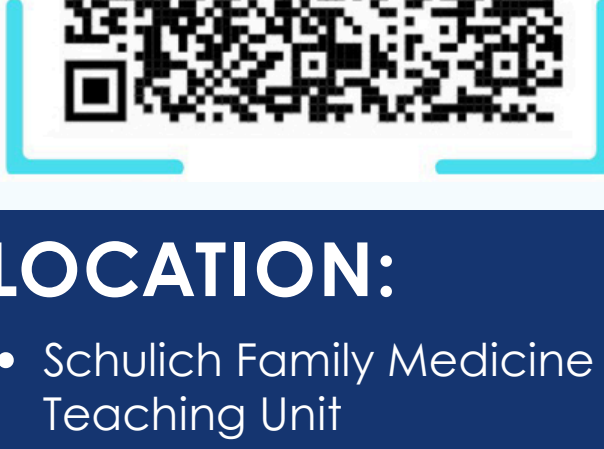
Sylvia Jones
Deputy Premier and Minister of Health

More primary care flyers to come - stay tuned!

DO YOU NEED A FAMILY DOCTOR?

The Schulich Family Teaching Unit (FMTU) is currently accepting new patients who DO NOT have a family doctor.

SCAN BELOW TO APPLY

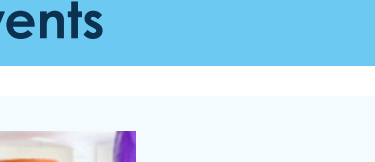
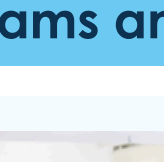
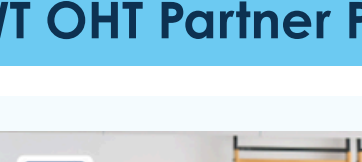
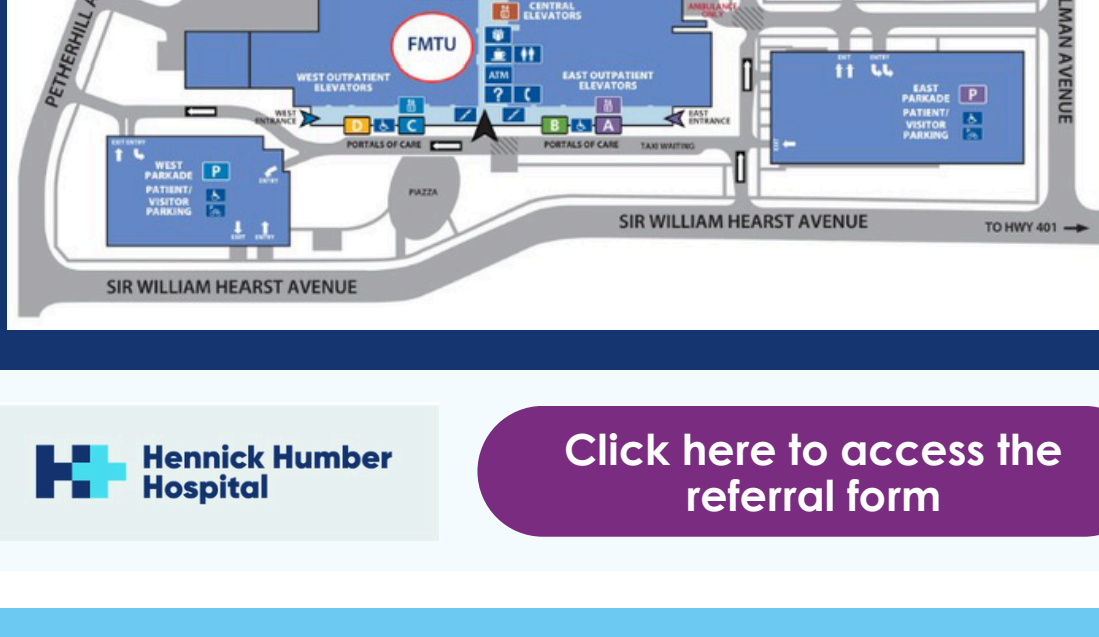


The Schulich FMTU supports the care of patients using over-the-phone interpreter services for more than 170 languages including but not limited to:

- Italiano
- Español
- Tiếng Việt
- Português
- عربي
- Русский
- فارسی (Fārsī) / دری (Dari)
- 廣東話 (Guāngdōnghuà)
- Tagalog

LOCATION:

- Schulich Family Medicine Teaching Unit
- 1235 Wilson Avenue, Toronto, ON M3M 0B2
- Monday - Friday
- 9:00 a.m. - 5:00 p.m.
- Parking is subsidized for clients



Click here to access the referral form

NWT OHT Partner Programs and Events

FREE SENIORS FITNESS

Increase your strength, balance and flexibility!

Thursdays
10:30 am - 11:30 am (Cardio standing class)
11:30 am - 12:15 pm (Gentle seated class)

Royal York Rd and Eglinton Ave W

Spaces Limited. Call the number below to register!

ESS Etabcoke Services for Seniors - Free Fitness Classes For Adults 55+

Stay active, improve your strength and balance, and connect with others in your community! Join our free exercise classes for adults and seniors aged 55 and older, held Thursday mornings near Royal York Rd and Eglinton Ave W.

Classes are taught by certified seniors' fitness instructors and are suitable for a range of fitness levels.

For more information and to register, call: **416 243 0127 ext 503.**

Careers at COSTI

Join COSTI's award-winning employment team that has helped newcomers build successful lives for more than 70 years. We have openings across our offices in Toronto, Vaughan, Weston, Brampton and Mississauga. Be a part of a dedicated team committed to creating opportunities for newcomers.

If you are looking for a career where your work makes a real impact, join us!

View current opportunities



Work at COSTI

COSTI Scholarships

2026/27

COSTI Scholarships 2026/27

COSTI is inviting applications for COSTI Scholarships 2026/27.

Four academic scholarships totalling \$12,000 in funding are available for current and former COSTI clients through the WCPD Foundation Scholarship Fund and the Vittoria Adhami Immigrant Women's Scholarship Fund.

Click here to learn more and to apply

Lumacare Open House - SUNSET Overnight Respite Program

Join Lumacare for an open house and discover their SUNSET Overnight Respite Program on **Thursday, June 25, 2026, from 2:00-4:00 PM at 541 Finch Ave West.**

Attendees will enjoy a guided tour of the modern, double-occupancy rooms, meet the dedicated PSW care team, and learn more about overnight support services and client experience. A Q&A session with staff and light refreshments will also be provided.

RSVP by June 18 by calling **647-388-5319** or **647-293-5971**.

See flyer for more details.

Open House
SUNSET Overnight Respite Program

Details:
Date: Thurs., June 25, 2026
Time: 2:00 PM - 4:00 PM
Location: 541 Finch Ave West

What To Expect:

- Guided tour of our comfortable double-occupancy rooms featuring clean, modern white furnishings
- Meet our dedicated PSW team providing personalized care
- Learn about our overnight support services and client experience
- Q&A session with staff
- Light refreshments provided

RSVP By June 18
647-388-5319 or 647-293-5971

BECOME AN AGENCY MEMBER WITH US

We are seeking valuable community members like you to join our organization as a Non-Director (Agency) Member.

Help us ensure we are delivering the highest quality client and family-centered care. You will help by suggesting improvements on best practices, policies and rules to best serve our seniors.

Please contact us.

BOARD@LUMACARE.CA (647) 641-5579

155 DEERHIDE CRES., NORTH YORK, ON, M9M 2Z2

www.lumacare.ca

Call for Nominations: Become an Agency Member with Lumacare

Lumacare is inviting community members to join their organization as a Non-Director (Agency) Member. This is a meaningful opportunity to contribute to high-quality, client- and family-centred care by sharing input on best practices, policies, and programming that support seniors.

Interested individuals are encouraged to get involved and help shape services that make a difference in the community.

For more information, please contact: board@lumacare.ca 647-641-5579

www.lumacare.ca

Progress Place/Community Place Hub Programs & Events

Check out the upcoming and programs hosted by Progress Place & Community Place Hub.

1765 Weston Rd., York ON M9N 3P7

416-323-1429

OPENING HOURS

Monday, Tuesday, Wednesday, Friday: 9:00 am - 5:00 pm
Thursday: 9:00 am - 6:30 pm
Sunday & Public Holidays: 9:00 am - 2:00 pm

Community Place Hub Program Calendar: June 2026

	MONDAY June 15	TUESDAY June 16	WEDNESDAY June 17	THURSDAY June 18	FRIDAY June 19	SUNDAY June 21	
Morning	Sewing Class 10:30 am - 12:30 pm Latin Zumba 10:30 am - 11:30 pm Prep-Meals 10:30 am - 12:30 pm	DIY Sewing Project 10:30 am - 12:30 pm Mindful Movement 10:30 am - 11:30 am Fraser Writing & Reading 11:30 am - 12:30 pm	Latin Zumba 10:30 am - 11:30 am Canning & Preserving 11:00 am - 12:30 pm Prep-Meals 11:00 am - 12:30 pm	DIY Sewing Project 10:30 am - 12:30 pm Computer Learning 11:30 am - 12:30 pm Prep-Meals 11:00 am - 12:30 pm	Sewing Class 10:30 am - 12:30 pm Prep-Meals 11:00 am - 12:30 pm	Drop-In Morning Movie 9:00 am - 12:00 pm Prep-Meals 11:00 am - 12:00 pm	
Afternoon	DIY Sewing Project 1:30 pm - 3:30 pm Senior Month Activities 2:00 pm - 3:30 pm	Sewing Class 1:30 pm - 3:30 pm Board Games 2:00 pm - 3:00 pm Walk and Talk 3:00 pm - 4:00 pm After School 3:00 pm - 5:30 pm	DIY Hand Stitch 1:30 pm - 4:00 pm Spanish Conversation 2:00 pm - 4:00 pm	Expressive Art 1:30 am - 3:00 pm Open Mic 3:00pm - 5:30pm Youth Sewing 3:00 pm - 5:30 pm Pain and Chill 4:00 pm - 6:00 pm	DIY Sewing Project 1:30 am - 3:30 pm Karaoke 2:00 pm - 4:30 pm Update Inventory 2:00 pm - 3:00 pm	Afternoon Social 12:00 pm - 2:00 pm Clean up 1:00 pm - 2:00 pm	
Weekday Drop-In Services: 9:00 am - 5:00 pm	Community Meeting: 10:00 am - 10:20 am		Community Meeting: 1:30 pm - 1:40 pm				
Morning	Sewing Class 10:30 am - 12:30 pm Latin Zumba 10:30 am - 11:30 pm Prep-Meals 10:30 am - 12:30 pm	DIY Sewing Project 10:30 am - 12:30 pm Mindful Movement 10:30 am - 11:30 am Fraser Writing & Reading 11:30 am - 12:30 pm	Latin Zumba 11:00 am - 12:00 pm Prep-Meals 11:00 am - 12:00 pm	DIY Sewing Project 10:30 am - 12:30 pm Computer Learning 11:30 am - 12:30 pm Prep-Meals 11:00 am - 12:30 pm	Sewing Class 10:30 am - 12:30 pm Prep-Meals 11:00 am - 12:30 pm	Drop-In Morning Movie 9:00 am - 12:00 pm Prep-Meals 11:00 am - 12:00 pm	
Afternoon	DIY Sewing Project 1:30 pm - 3:30 pm Senior Month Activities 2:00 pm - 3:30 pm	Diabetes 101 2:00 pm - 3:30 pm Board Games 2:00 pm - 3:00 pm Walk and Talk 3:00 pm - 4:00 pm After School 4:30 pm - 6:00 pm	DIY Hand Stitch 1:30 pm - 4:00 pm Spanish Conversation 2:00 pm - 4:00 pm	Expressive Art 1:30 am - 3:00 pm Open Mic 3:00pm - 5:30pm Youth Sewing 3:00 pm - 5:30 pm Graduation Party 4:00 pm - 6:00 pm	DIY Sewing Project 1:30 pm - 3:30 pm Karaoke 2:00 pm - 4:30 pm Update Inventory 2:00 pm - 3:00 pm	Afternoon Social 12:00 pm - 2:00 pm Clean up 1:00 pm - 2:00 pm	
Weekday Drop-In Services: 9:00 am - 5:00 pm	Community Meeting: 10:00 am - 10:20 am		Community Meeting: 1:30 pm - 1:40 pm				

LATIN ZUMBA

EVERY MONDAY & WEDNESDAY 10:30 AM - 11:30 AM

COMMUNITY PLACE HUB
Location: 1765 Weston Road, York, M9N 3P7 - Phone: 416-323-1429
Email: communityplacehub@progressplace.org

HAPPY SENIOR MONTH

Join us in our seniors' month celebration with different activities every Monday. Together, we celebrate their contributions and create meaningful moments of connection and appreciation.

JUNE 1 | 8 | 15 | 22 | 29

FROM 2 PM - 3 PM

1765 Weston Rd., M9N 3P7

More information: 416 - 323 - 1429