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## NWT PCN Co-Chair Announcement - Dr. Sandhya Singh



"I am very pleased to share that I've stepped into the role of Co-Chair of the Northwest Toronto Primary Care Network. As a Family Physician in this wonderful and diverse community, I see every day the critical role primary care plays in the health and stability of our system and of our patients. It is an honour to be in this role to support the dedicated clinicians, allied health professionals, and community partners who are working together to strengthen care for our patients.

At a time of significant strain across healthcare, I'm committed to fostering collaboration, supporting our providers, and advancing practical solutions that improve access, integration, and sustainability. I look forward to working closely with my Co-Chair, Dr. Ryan Banach, the NWT OHT secretariat, and all my colleagues across the network as we continue building a stronger future for primary care in Northwest Toronto."

## Message from the NWT OHT Director

"As I step into the Director role for the coming year, I am grateful for the opportunity to support the important work of the North Western Toronto Ontario Health Team (NWT OHT) and collaborate with our dedicated partners and community members.

I hope to help us continue to work toward our shared goal of ensuring people receive the right care, at the right time, and close to home. Our collective efforts will have a focus on advancing primary care and integrated care initiatives that support priority populations, including seniors, newcomers, individuals living with chronic conditions, and equity-deserving communities.

Thank you for your continued engagement and commitment. I look forward to working alongside you over the coming year as we strengthen care integration, reduce health disparities, and improve health outcomes for the communities we serve."

**Introducing Sally Moy, Interim NWT OHT Director**



## AI Scribe Physician Testimonial

Looking to enhance your clinical workflow? Discover how integrating an AI Scribe can streamline your practice. Check out the physician testimonial below to learn how it's making a real impact. Check out the video attached to this newsletter for the full video.



"Since adopting Heidi AI Scribe in August 2025, I've not only saved time but I've regained cognitive bandwidth. Before, I was constantly writing notes in my head, even between patient visits, during lunch, or on the way to my next encounter. Now, with just a few clicks, my notes are drafted, easy to edit, and I can truly move on. By the end of the day, I experience far less brain fog and cognitive drain. Knowing the recording and transcript are always there means I never worry about missing details. Heidi AI Scribe has genuinely transformed the way I practice."

— Dr. Andrew Kriger, Harbourfront Medical & Appletree at York University

**As a member of the NWT PCN, you have exclusive access to FREE Clinical Workflow Supports & more! Stay tuned for upcoming opportunities.**

## Ontario Health Team (OHT) Primary Care Provider Experience Survey

As part of our commitment to building a more connected health care system, our Ontario Health Team (OHT) and Primary Care Network (PCN) invite you to participate in the **2026 OHT Primary Care Provider Experience Survey**. Your input will help our OHT and PCN assess and report on our progress building a strong PCN that engages and supports family physicians and other primary care providers, as well as our collective efforts to build a more connected and integrated health care system. As this survey is being distributed province-wide, we will also be able to compare our progress to our peers.

Ontario Health developed this survey in consultation with primary care clinical leads, scientific advisors, and the initial 12 OHTs/PCNs. This survey seeks to gather insights from family physicians and other primary care providers on their:

- practice settings,
- engagement with PCNs,
- experience with integrated care, and
- demographic information (e.g., background and identity)

### Survey Details:

- ✓ This survey will take **approximately 5 to 7** minutes to complete.
- ✓ **All responses will remain anonymous** and will be aggregated at an OHT- and provincial level to ensure no individual responses are identifiable.
- ✓ Your insights will help improve primary care planning, support equity-focused initiatives, and ensure meaningful quality improvements for family physicians, other providers and patients alike

### How to Participate?

Click the link below to complete the survey.

If you have any questions or require further information, please contact [prm@ontariohealth.ca](mailto:prm@ontariohealth.ca).

[Click here to access the link to survey](#)

## A 'Heart-to-Heart' at Humber River Health

**A 'Heart-to-Heart' at Humber River Health**

Join us for a 'Heart-to-Heart' Fireside Chat in support of Heart Month, focused on exploring cardiac care services and prevention.

**Thursday, February 26** | **6:00 p.m. to 8:00 p.m.** | **1235 Wilson Avenue (Level 3: Paul B. Helliwell Foundation Auditorium)**

You'll engage with esteemed speakers, including Humber Cardiologists, followed by the opportunity to participate in our [blood pressure clinic](#).

**RSVP HERE**

Light refreshments will be served.

On behalf of Humber River Health, we would like to invite you to 'Heart-to-Heart' at HRH!

In celebration of Heart Month, we're excited to invite you to our upcoming 'Heart-to-Heart' Fireside Chat focused on exploring cardiac care services and prevention.

**Date:** Thursday, February 26, 2026  
**Time:** 6:00 p.m. to 8:00 p.m.

**Location:** Humber River Health – Wilson Hospital 1235 Wilson Avenue, North York

The event will feature esteemed speakers, including Humber Cardiologists, followed by the opportunity to participate in our blood pressure clinic.

[Please RSVP here if you are interested in attending the event](#)

## Health Care Help for Newcomers Information Sheets

The NWT OHT Newcomer Navigation Working Group created the **Health Care Help for Newcomers** information sheets designed to help newcomers understand and navigate the healthcare system. These sheets include details on topics such as:



The resource is available in **5 different languages:** English, French, Spanish, Arabic, and Ukrainian.

[Check out the full resource on our website!](#)

[Click here to check out the Health Care Help for Newcomers page](#)