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General Announcements



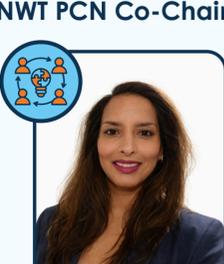
Introducing Sally Moy, Interim NWT OHT Director

"As I step into the Director role for the coming year, I am grateful for the opportunity to support the important work of the North Western Toronto Ontario Health Team (NWT OHT) and collaborate with our dedicated partners and community members.

I hope to help us continue to work toward our shared goal of ensuring people receive the right care, at the right time, and close to home. Our collective efforts will have a focus on advancing primary care and integrated care initiatives that support priority populations, including seniors, newcomers, individuals living with chronic conditions, and equity-deserving communities.

Thank you for your continued engagement and commitment. I look forward to working alongside you over the coming year as we strengthen care integration, reduce health disparities, and improve health outcomes for the communities we serve."

NWT PCN Co-Chair Announcement - Dr. Sandhya Singh



"I am very pleased to share that I've stepped into the role of Co-Chair of the Northwest Toronto Primary Care Network. As a Family Physician in this wonderful and diverse community, I see every day the critical role primary care plays in the health and stability of our system and of our patients. It is an honour to be in this role to support the dedicated clinicians, allied health professionals, and community partners who are working together to strengthen care for our patients.

At a time of significant strain across healthcare, I'm committed to fostering collaboration, supporting our providers, and advancing practical solutions that improve access, integration, and sustainability. I look forward to working closely with my Co-Chair, Dr. Ryan Banach, the NWT OHT secretariat, and all my colleagues across the network as we continue building a stronger future for primary care in Northwest Toronto."

NWT OHT Updates



Legal Aid and Government Resources

The NWT OHT recently collaborated with legal aid and government programs to host information sessions on a number of different topics. Explore recordings of sessions and additional resources including:

CLASP Workshop Series

- Know Your Rights (Criminal Law)
- Overview of Ontario Works (OW) & Ontario Disability Support Program (ODSP)
- Landlord Applications and the Landlord and Tenant Board (LTB)

Service Canada Information Sessions

- Canada Pension Plan / Old Age Security (CPP/OAS)
- Newcomer Services
- Canada Disability Benefit

[Click here to the Legal Aid & Government Resources page](#)

Health Care Help for Newcomers Information Sheets

The NWT OHT Newcomer Navigation Working Group created the **Health Care Help for Newcomers** information sheets designed to help newcomers understand and navigate the healthcare system. These sheets include details on topics such as:

- Healthcare Coverage
- Community Resources
- Basic Healthcare Services
- Government Programs

The resource is available in **5 different languages:** English, French, Spanish, Arabic, and Ukrainian.

[Check out the full resource on our website!](#)

[Click here to check out the Health Care Help for Newcomers page](#)

Primary Care Updates

Prioritization of HCC Waitlist Referrals (pre-Jan 1, 2025 list)

To support those who have been waiting longest on the Health Care Connect waitlist and help meet the provincial goal of clearing the January 1, 2025, waitlist by Spring 2026, Care Connectors are asked to prioritize referrals from the pre-January 1, 2025 waitlist, until the waitlist commitment is complete. Any new referrals post January 1, 2025 should not be considered except for pregnant patients and children under 2-years old

The below approaches should be leveraged to support clearing the pre-January 1, 2025 waitlists within each OHT:

| Circumstance | Approach |
|---|--|
| Specific clinician or team preference | Encourage clinicians to prioritize referrals from pre-January 1, 2025 waitlist. |
| Patient wants to wait for another option aligned with preferences | To support faster access to care, encourage patient to proceed with available referral. |
| Maintaining family unit | Families with children under two years old will be prioritized to be referred to the same provider. |
| FSA or OHT has no patients remaining on pre-January 1, 2025 list | Explore referrals of pre-January 1, 2025 waitlists in adjacent FSAs or OHTs where individuals are within reasonable drive time (e.g. 30 mins, though this can vary by region). |

-PLEASE NOTE-

Where an OHT's entire January 1, 2025 waitlist has been cleared, OHaH will complete a thorough validation of the waitlist as part of this process, the Ministry and Ontario Health that the OHT's waitlist has cleared and referrals will move to the rest of the waitlist. As part of this process, OHaH will review each OHT's January waitlist as well as waitlists for proximate OHTs. Care Connectors will start making referrals from the post-January 1, 2025 waitlist after this validation and notification is complete.

Upcoming Events

Celebrating Black History Month: Events and Activities in Toronto

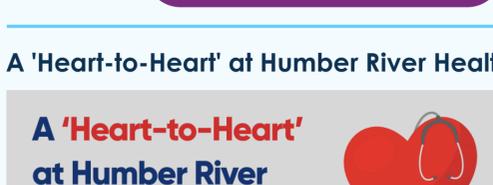
During Black History Month, we encourage you to engage in spaces that celebrate Black history is shared through stories, food, art, music, and the shared experiences of care, joy, and connection that continue to carry this history forward.

Across Boundaries has highlighted several events and activities happening across Toronto that honour and support Black history.

[Check out the list of events and activities here](#)



A 'Heart-to-Heart' at Humber River Health



On behalf of Humber River Health, we would like to invite you to 'Heart-to-Heart' at HRH!

In celebration of Heart Month, we're excited to invite you to our upcoming 'Heart-to-Heart' Fireside Chat focused on exploring cardiac care services and prevention.

Date: Thursday, February 26, 2026

Time: 6:00 p.m. to 8:00 p.m.

Location: Humber River Health – Wilson Hospital 1235 Wilson Avenue, North York

The event will feature esteemed speakers, including Humber Cardiologists, followed by the opportunity to participate in our blood pressure clinic.

[Please RSVP here if you are interested in attending the event](#)

Join us for a 'Heart-to-Heart' Fireside Chat in support of Heart Month, focused on exploring cardiac care services and prevention.

Thursday, February 26 **6:00 p.m. to 8:00 p.m.** **1235 Wilson Avenue (Level 3: Paul B. Helliwell Foundation Auditorium)**

You'll engage with esteemed speakers, including Humber Cardiologists, followed by the opportunity to participate in our [blood pressure clinic](#).

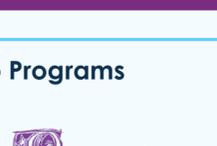
[RSVP HERE](#)

Light refreshments will be served.



Black Creek Community Health Centre - February Group Programs

Black Creek CHC has a number of group programs available for clients in the community. Check out the calendar of the February Group Programs on their website. **To register for any of the sessions, please contact the group facilitator or register online.**



[Click here for the BCCHC Group Programs page](#)