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North York General Family Medicine Clinic Day



FAMILY MEDICINE CLINIC DAY 2026

Hotel Novotel Toronto North York, Toronto
Sunday, January 18, 2026

Need CME credits? Want to network with colleagues?

We hope you'll join us at the **Annual North York General Family Medicine Clinic Day**. It will be a great opportunity to learn, connect, and hear from outstanding speakers.

 Novotel Toronto North York (3 Park Home Avenue North York, ON, M2N 6L3)

 Sunday, January 18, 2026

 8:00am to 3:00pm

To register your spot, please click [here](#).

NWT OHT Community Newsletter

The North Western Toronto OHT Community Newsletter is expanding communications!

Are you part of an NWT OHT partner organization and interested in staying informed about initiatives and updates? Sign up today to receive communications and learn more about the important work happening across the OHT.



[Click here to sign up for NWT OHT communications](#)

CMHA Update on Ontario Structured Psychotherapy

Receive FREE therapy support to improve your mental wellness

Stressed out? Feeling down?

You can improve your mental wellness. We can help!

- FREE and convenient services in multiple languages for adults (18+)
- Better manage low mood, stress or anxiety
- Available in-person and virtually

Ontario Structured Psychotherapy (OSP) services are based on cognitive behavioural therapy (CBT), which is collaborative, goal-focused, and involves light reading and sessions with a trained mental health professional.



[Click here to learn more](#)

COVaxON Decommissioning

As part of the Ministry of Health's work to develop and implement a consolidated immunization record system, COVaxON will be decommissioned effective **March 13, 2026**.

Detailed information on the transition process and required next steps will be communicated directly to participating organizations currently using COVaxON across the province, beginning January 2026.