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The HUB@2115 Updates

Book a Meeting Room at the HUB@2115!

Need space for a meeting, program, or private appointment? The HUB@2115 has a variety of rooms available to support your needs. Choose from:

- **Counselling Room:** ideal for 1:1 private appointments
- **Program Room:** perfect for small group sessions of 6–8 participants
- **Community Room:** great for larger group sessions of up to 30 people

Scan the QR code or click the link below to access the booking portal.

[Click here to access the room booking form](#)

MEETING ROOM BOOKINGS

Book a meeting room at the HUB@2115!

There are a number of rooms available to book, including:

- **counselling room** (for 1:1 private appointments)
- **program room** (small group sessions of 6 - 8 people max)
- **community room** (larger group sessions of 30 people max)

Scan the QR Code to secure your space.

You(th)rive Presents: Bell Let's Talk Day – Youth Edition

Join us for a youth-focused mental health workshop designed to help young people feel seen, feel heard, and feel supported.

This special Bell Let's Talk Day: Youth Edition event invites youth to connect, reflect, and engage in meaningful conversations about mental health in a supportive space.

Room 102, 2115 Finch Ave W (The HUB@2115)

Monday, January 21, 2026

3:00 to 4:30pm

Food and TTC tickets will be provided.

You(th)rive presents **Bell Let's Talk Day:** *Youth Edition*

21 January, 2026, 3-4:30PM
 2115 Finch Ave W

Join us for a mental health workshop designed to help youth feel seen, feel heard, and feel supported.

For more information, please contact mintikahep@janefinchcentre.org



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Partner Updates

Black Creek Community Health Centre - January Group Programs

Black Creek CHC has a number of group programs available for clients in the community. Check out the calendar of the January Group Programs on their website. **To register for any of the sessions, please contact the group facilitator or register online.**



[Click here for the BCCHC Group Programs page](#)

You've received this email because you have collaborated with the NWT OHT in the past. If you would like to be removed from the distribution list, please contact Claudia Strembicky, Project Coordinator, at CStrembicky@hrh.ca.