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REMINDER: Upcoming Events

Health Equity Training Series

The NWT OHT is hosting Health Equity Training sessions in partnership with *Evenings & Weekends Consulting*. The training sessions will aim to increase organizational capacity for Health Equity and Cultural Humility. Session dates have been confirmed.



Session 1

BASELINE HEALTH EQUITY TRAINING

Uncovering the roots of health inequities rooted in colonialism, oppression; ongoing cycles of oppression in healthcare; and the impact of the social determinants of health.

October 6
3:00-4:30 pm

COMPLETED

Session 2

CULTURAL HUMILITY TRAINING

Fostering cultural humility, anti-racist, and anti-oppressive practices in care and the workplace.

October 20
3:00-4:30 pm

Session 3

TRAIN-THE-TRAINER

Building on the concepts from the Cultural Humility session, participants will explore implementation best practices for Health Equity training within their respective organizations.

November 10
3:00-4:30 pm

Limited space is available! Please reach out to Jillian (JMonize@hrh.ca) if you or someone from your organization is interested in attending the training sessions.

CLASP Training Series

In partnership with the **Community and Legal Aid Services Program (CLASP)** at **York University**, the NWT OHT will be co-hosting a series of legal aid workshops to equip service providers with practical legal knowledge that can be applied in support of the communities we serve.



Workshop 1

Know Your Rights (Criminal Law)

SEPTEMBER 25
12:00 - 1:00 PM

COMPLETED

Workshop 2

Overview of OW & ODSP

OCTOBER 9
12:00 - 1:00 PM

Workshop 3

Landlord Applications and LTB

NOVEMBER 13
12:00 - 1:00 PM

[Click here to register](#)

Community Updates

Ya Estoy Aquí Healthcare Collective

Ya Estoy Aquí Healthcare Collective helps newcomers in Toronto who don't have OHIP find healthcare.



YA ESTOY AQUÍ
HEALTHCARE COLLECTIVE

The Ya Estoy Aquí team has developed a number of healthcare navigation manuals to support newcomers that are uninsured or have IFHP with navigating the healthcare system:



For people living in Toronto with expired or no immigration status. This manual is a special tribute to the Latinx community, but has great resources for all community members. Available in English & Spanish.



For people living in Toronto without OHIP and the service providers who support them. Available in English.



Condensed version of the original navigation manual. For people living in Toronto without OHIP and the service providers who support them. Available in English.

If your organization would benefit in having physical copies of any of the Ya Estoy Aquí Navigation Manuals, please reach out to CStrembicky@hrh.ca.

[Click here to access the Ya Estoy Aquí webpage](#)

YOU'RE INVITED! Humber River Health's Mammoth



You're invited to a day dedicated to breast screening!

Date: Thursday, October 9, 2025
Time: 8:00 a.m. to 4:00 p.m.
Location: Wilson Hospital – Breast Health Clinic (Level 2)

Eligibility Criteria:
Women, Two-Spirit, trans and nonbinary people ages 40–74 who:

- Do not have breast cancer symptoms (i.e. asymptomatic)
- Do not have a personal history of breast cancer
- Have not had a mastectomy
- If transfeminine, have had at least 5 years of feminizing hormone use in a row
- Have not had a screening mammogram within the last 11 months

NO requisition from your family doctor or nurse practitioner is needed.

To make an appointment, please call:
416-242-1000 ext. 63601 or 63603

 **Humber River
Health**

Join us **between 8:00 a.m. to 4:00 p.m. on Thursday, October 9** for a day dedicated to breast screening at Humber River Health's Breast Health Clinic located on Level Two of the Wilson Hospital. Please see the invitation for details about who is eligible to participate.

You do not need a requisition from your family doctor or nurse practitioner. Simply make an appointment by calling 416-242-1000 ext. 63601 or 63603.

Partner Updates

Share your organization's updates!

Do you have updates or content you would like to include in a future edition of the NWT OHT Newsletter?

Contact Claudia Strembicky, Project Coordinator, at CStrembicky@hrh.ca or fill out the NWT OHT Newsletter Content Request Form.

[Click here for the NWT OHT Newsletter Content Request Form](#)