

NWT OHT Newsletter

September 2025

In this Newsletter Issue:

- NWT OHT Updates
 - **REMINDER:** Health Equity Training
 - Seniors Friendly Strategic Planning
 - Clients, Caregivers, and Community (CCC) Recruitment
- Community Updates
 - Truth & Reconciliation
 - TPH: Vaccination Update
 - Call for Space: Immunization Clinics
 - Parkdale CHC Immigrant & Refugee Health Clinic
- Upcoming Events
 - CLASP Training Series
 - Breast Reconstruction Awareness Day - October 22 @ 6:00 PM
- Partner Updates

NWT OHT Updates

Reminder: Health Equity Training

The NWT OHT is hosting Health Equity Training sessions in partnership with *Evenings & Weekends Consulting*. The training sessions will aim to increase organizational capacity for Health Equity and Cultural Humility. Session dates have been confirmed.



Session 1

BASELINE HEALTH EQUITY TRAINING

Uncovering the roots of health inequities rooted in colonialism, oppression; ongoing cycles of oppression in healthcare; and the impact of the social determinants of health.

October 6
3:00-4:30 pm

Session 2

CULTURAL HUMILITY TRAINING

Fostering cultural humility, anti-racist, and anti-oppressive practices in care and the workplace.

October 20
3:00-4:30 pm

Session 3

TRAIN-THE-TRAINER

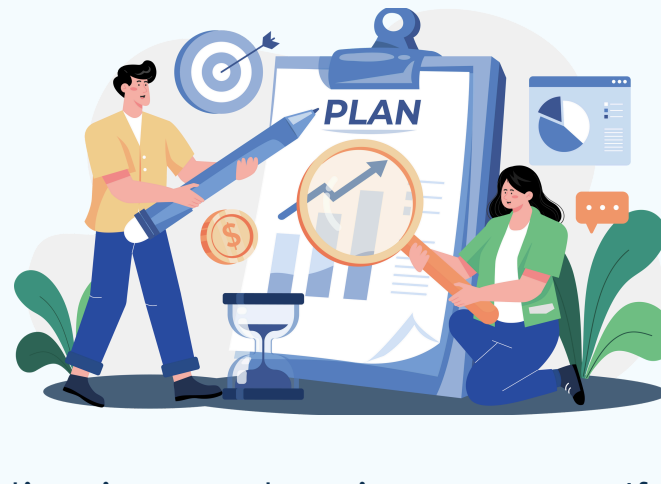
Building on the concepts from the Cultural Humility session, participants will explore implementation best practices for Health Equity training within their respective organizations.

November 10
3:00-4:30 pm

Limited space is available! Please reach out to Jillian (JMonize@hrh.ca) if you or someone from your organization is interested in attending the training sessions.

Seniors Friendly Strategic Planning in Progress - Join the Conversation!

Our Seniors Friendly Care Steering Committee is currently undergoing strategic planning throughout September and October to help shape how we better support seniors in North West Toronto. With strong representation from across the sector, we're working together to build a more coordinated and responsive approach to seniors' care.



We're expanding opportunities for broader participation in our planning process. If you're interested in contributing your voice or learning more, please reach out to: llakhan@hrh.ca



We are recruiting Client, Caregivers, and Community Members!

Would you like an opportunity to shape the future of health and social care services in North West Toronto?

We are welcoming Clients, Caregivers, and Community (CCC) members who want to share their voices and make a difference. There are many ways to engage and provide your insights; through surveys, focus groups and participation in working groups. Your role will be crucial in ensuring that the perspectives of clients, caregivers and community members are integrated into the work of the NWT OHT.

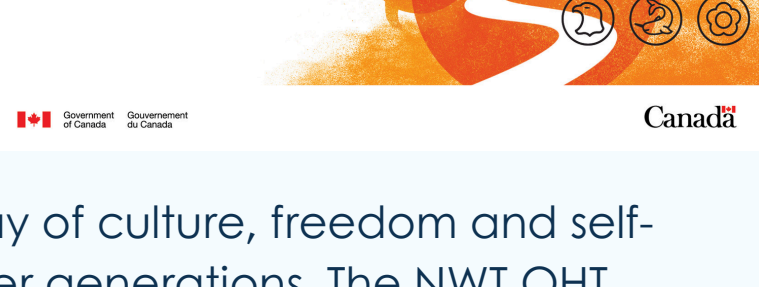
If this sounds like something you'd like to be part of, please complete the onboarding form on our website.

[Click here to learn more](#)

Community Updates

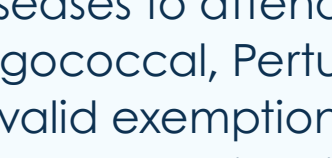
National Day for Truth and Reconciliation & Orange Shirt Day - September 30

September 30 is National Day for Truth and Reconciliation and Orange Shirt Day. The day honours the children who never returned home and Survivors of residential schools, as well as their families and communities



The **orange shirt** is a symbol of the stripping away of culture, freedom and self-esteem experienced by Indigenous children over generations. The NWT OHT encourages you to wear orange on September 30 to honour the thousands of Survivors of residential schools.

Keep Students in School — Stay Up to Date on Vaccinations



In Ontario, all students must be vaccinated against **nine** diseases to attend school: Measles, Mumps, Rubella, Diphtheria, Tetanus, Polio, Meningococcal, Pertussis (whooping cough), and Varicella (chickenpox), or have a valid exemption to attend school. Parents and legal guardians must track and report their child's vaccinations to their local public health unit. Reporting helps keep the student's record up to date. If your child is 16 or older, be sure to ask for their consent before accessing their immunization records.

To avoid school disruptions, report vaccinations to Toronto Public Health: [toronto.ca/StudentVaccines](https://www.toronto.ca/StudentVaccines)

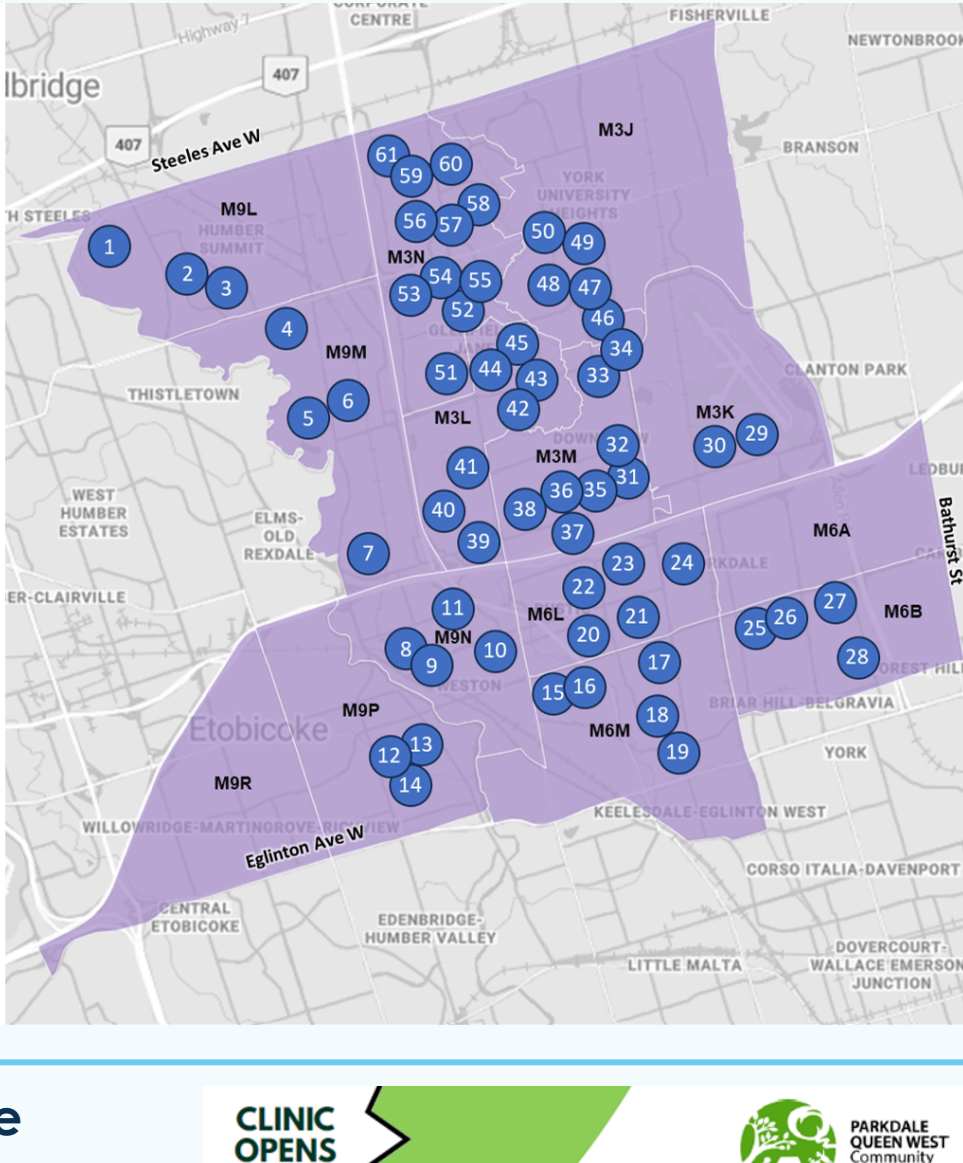
Need help reporting? Watch our step-by-step guide: <https://www.toronto.ca/community-people/health-wellness-care/health-programs-advice/immunization/report-student-vaccination/>

Immunization Clinic - Call for Space in early 2026

The Vaccine Preventable Diseases (VPD) team with the City of Toronto are leading efforts to host immunization clinics in North Western Toronto for Grade 2 Cohorts starting in early 2026.

If you have any space that could be utilized and close to any of the schools listed below, please reach out to CStrembicky@hrh.ca.

1	Venerable John Merfili CS	25	Joyce PS	46	St. Jerome CS
2	St. Roch CS	26	Regina Mundi CS	47	St. Clare CS
3	Gracedale PS	27	St. Charles CS	48	Lamberton PS
4	Daystrom PS	28	St. Cosmas and Damian CS	49	Derrydown PS
5	Gullstream PS	29	St. Norbert CS	50	St. Wilfrid CS
6	St. Jude CS	30	Ancaster PS	51	Stanley PS
7	St. Simon CS	31	Downsview Elementary	52	Yorkwoods PS
8	St. John the Evangelist	32	Blaydon PS	53	Figrove PS
9	H.J. Alexander Community School	33	Sheppard PS	54	St. Francis De Sales School
10	Weston Memorial JPS	34	Africentric Alternative	55	Topcliff PS
11	Palmo Park PS	35	St. Raphael CS	56	Gosford PS
12	All Saints CS	36	St. Conrad CS	57	St. Charles Carrier CS
13	Westmount JS	37	Highview PS	58	Driftwood PS
14	St. Demetrius CS	38	Tumpstone PS	59	Saint Augustine CS
15	St. Bernard PS	39	St. Antoine Daniel CS	60	Shoreham Public Sports and Wellness Academy
16	Brookhaven PS	40	St. André CS	61	Blacksmith PS
17	George Anderson PS	41	Chalkham PS		
18	Immaculate Conception CS	42	Calico PS		
19	Charles E Webster PS	43	St. Martha CS		
20	Gracefield PS	44	St. Jane Frances CS		
21	St. Francis Xavier PS	45	St. Margherita di Clitta di Castello		
22	Maple Leaf PS				
23	St. Fidelis CS				
24	Matthew-Da-Costa Elementary School				



Parkdale CHC Immigrant & Refugee Health Clinic NOW OPEN

Parkdale Queen West Community Health Centre has opened an **Immigrant & Refugee Health Clinic** for under-insured and uninsured clients, including:

- Refugees & Refugee Claimants (with IFHP)
- People with expired or no immigration status (no coverage)

The clinic offers non-emergency services to address immediate needs in a timely and accessible manner.

Appointment required. Please call **416-537-2455 ext. 2** for Parkdale.

Catchment area: **city of Toronto**

CLINIC OPENS AUGUST 5TH!

NEED A CHECK UP?

IMMIGRANT & REFUGEE HEALTH CLINIC FOR:

UNDER-INSURED & UNINSURED

REFUGEES & REFUGEE CLAIMANTS (WITH IFHP)

PEOPLE WITH EXPIRED OR NO IMMIGRATION STATUS (NO COVERAGE)

SERVICES PROVIDED: (NON-EMERGENCY)

CARE FOR WHEN YOU'RE SICK OR WANT TO TALK TO A NURSE OR DOCTOR

VACCINES, PAP TESTS, CHECK-UPS DURING PREGNANCY

SUPPORT WITH PRESCRIPTIONS, FORMS, AND CONNECTING TO OTHER SERVICES

CATCHMENT: CITY OF TORONTO

Mon & Thurs
10am - 6pm

Tues
12pm - 8pm

Wed
1pm - 6pm

Fri
9am - 5pm

416-537-2455
(PRESS 2 FOR PARKDALE)

PARKDALE QUEEN WEST COMMUNITY HEALTH CENTRE
1227 Queen West Street

Upcoming Events

CLASP Training Series

In partnership with the **Community and Legal Aid Services Program (CLASP)** at **York University**, the NWT OHT will be co-hosting a series of legal aid workshops to equip service providers with practical legal knowledge that can be applied in support of the communities we serve.



Workshop 1

Know Your Rights (Criminal Law)

SEPTEMBER 25

12:00 - 1:00 PM

Workshop 2

Overview of OW & ODSP

OCTOBER 9

12:00 - 1:00 PM

Workshop 3

Landlord Applications and LTB

NOVEMBER 13

12:00 - 1:00 PM

[Click here to register](#)

Breast Reconstruction Awareness (BRA) Day - October 22

Join us for Breast Reconstruction Awareness Day at Humber River Health!

You'll engage with esteemed speakers who will share valuable insights and experiences on high-risk breast cancer.

October 22, 2025

6:00 p.m. to 8:00 p.m.

Paul B. Helliwell Foundation Auditorium
Humber River Health (Level 3)
1235 Wilson Avenue

BRA DAY 2025 - AGENDA

6:00 p.m. - Light Refreshments and Networking

6:15 p.m. - Opening Remarks
Jhany Salanci, Vice President, Clinical Programs, Humber River Health

6:20 p.m. - Regional Perspective on Cancer Screening
David Girard, Regional Director, Toronto Central South Regional Cancer Program

6:30 p.m. - Breast Health Video Presentation

6:35 p.m. - Patient Story: My Body, My Battle, My Rebuilding
Marilyn Seppe, Patient Advisor, Cancer Care, Humber River Health

6:40 p.m. - High-Risk Panel Discussion
Dr. Punam Rana, Medical Oncologist, Humber River Health
Dr. David Jacobs, Radiologist, Humber River Health
Dr. Wanda Marini, General Surgeon, Humber River Health
Dr. Milana Vajkovic, Plastic Surgeon, Humber River Health
Dr. Moska Hamidi, General Surgeon, Humber River Health (Moderator)

6:55 p.m. - Keynote Presentation
Dr. Mitch Brown, Founder of BRA Day, Women's College Hospital

7:15 p.m. - Open Q&A Forum

7:30 p.m. - Closing Remarks
Dr. Stephen Holman, Chief, Department of Surgery, Medical Director, Surgical Services, Humber River Health

7:35 p.m. - Networking

8:00 p.m. - Event Ends

Think Pink: A Conversation to Decode Risk and Define Hope

[Click here to RSVP](#)

Partner Updates

Share your organization's updates!

Do you have updates or content you would like to include in a future edition of the NWT OHT Newsletter?

Contact Claudia Strembicky, Project Coordinator, at CStrembicky@hrh.ca or fill out the NWT OHT Newsletter Content Request Form.

[Click here for the NWT OHT Newsletter Content Request Form](#)

You've received this email because you have collaborated with the NWT OHT in the past. If you would like to be removed from the distribution list, please contact Claudia Strembicky, Project Coordinator, at CStrembicky@hrh.ca.